**Galesburg CUSC #205**

*............. Helping Students Achieve Their Dreams .........*

District Website: www.galesburg205.org

Contact Information: School

Galesburg, IL 61401

Phone: (309) Fax: (309)

**Asthma Action Plan Class**

**Student Information-**

**Emergency Information**

**Triggers:**

**Steps for an acute Asthma Episode of shortness of breath:**

* **Call-**
* **Observe in a calm quiet area, give sips of water sitting straight up**
* **Administer for cough, difficulty breathing, wheezing**
* **Call School Nurse-M Glass RN 337-6707**

**Medications:**

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**Asthma Emergency Plan-the following are possible signs of an asthma emergency**

* **Difficulty breathing, walking or talking**
* **Blue or gray discoloration of the lips or fingernails**
* **Failure of medication to reduce worsening symptoms**

**These signs indicate the need for emergency medical care.**

**The steps that should be taken are:**

* **Call 911**
* **Call School Nurse M Glass 337-6707**
* **Physician-**